

Are you under 18 and finding it hard to cope?

The Circle is a safe space, offering mental health support to young people and children aged 5-18. Our Team is here when you need us the most and will listen without judgement.

To find out more, scan the QR code below

For any questions, call 0203 475 0060 or email: circleteam@hfehmind.org.uk



Opening Times:

We are open 365 days a year

Mon - Fri: 14:00-22:00

Drop in: 14:30-18:00 / Appointments: 18:00-21:00

Weekends and Holidays: 12:00-20:00

Drop in: 12:30-16:00 / Appointments: 16:00-19:00

If you need urgent medical treatment, or feel that you are in imminent danger, you should always contact emergency services on 999 or attend A&E.

hfehmind.org.uk

Charity No. 801259



