



DRAYTON MANOR HIGH SCHOOL

JACK PETCHEY SPEAK OUT CHALLENGE

8 NOVEMBER 2019



In November, a number of Year 10 students and I were given the opportunity to take part in the Jack Petchey Speak Out Challenge. This challenge is managed and delivered by the Speakers Trust and is supported and funded by the Jack Petchey Foundation; it allows students in Year 10 from across the country to develop their communication skills. I found that it was a great way to learn more about my peers and learn about what we must do to get the attention of an audience with key skills such as hand gestures, voice projection, tone of voice, body language and so much more!

By the end of the day we had all performed a speech about something we were passionate about without reading off a script lasting a minute and a half. It was definitely an achievement! I really enjoyed developing my confidence over the course of the day, starting off with not wanting to speak in front of the class, to performing an entire speech. The skills I learnt will definitely be carried with me for the rest of my life as it will help me with my future career, interview situations and social settings. It was a really fun day and I am glad to have been a part of it.

Beth Sparks 10H