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# Number 146

# DEPRESSIONS

# Introduction

Depressions are low pressure systems. In mid latitudes such as the UK they occur when pronounced Rossby waves lead to a strong jet stream in the troposphere. The strong jet generates marked activity along the polar front. Depressions begin to form when a tropical air mass meets a polar air mass, to form a vortex of anticlockwise swirling air.

# Fact Box

- Every year on average, mid latitude areas such as the UK experience about 50-60 depressions.
- For 15-20% of the year the cyclonic weather type prevails (one of Lamb's seven weather types).
- On average each depression lasts from 3-5 days from formation to occlusion and decay (life cycle).
- The combination of changes over time combined with rapid movement leads to a pattern of rapidly changing weather, which nevertheless follows a discernible sequence.

Both the development and movement of low pressure systems are controlled by the polar front jet stream. The rate the air is sucked upwards (Fig. 1) determines how low the surface pressure is (a very marked low produces a very deep depression with tightly packed isobars and very strong winds). The speed of the jet stream within the upper air westerlies determines the rate of movement (passage) of the depression.



# Development

Fig. 2 shows the pattern of development, maturation and decay of the system (the depression and its associated front) known as a life cycle. The stage the depression is at when it passes will clearly influence the nature of its impact. Further variation is provided by the nature, type and temperature differences between the converging air masses which form the system.

# Fig. 2 The pattern of development of a depression.



Fig. 3 shows an annotated synoptic chart to identify the main features of a depression.

# Fig. 3 Annotated synoptic chart.

A synoptic chart is a general survey of weather over an area at a particular time. Coded symbols are printed on a chart using data from a number of observation points. The charts show temperature, wind direction and speed, total amount of cloud, and precipitation. In an A-level question you may be asked to use them in the following ways: to describe air pressure; to detail weather conditions at a specific place; to show weather conditions at a certain time of day; to forecast future weather.



| The Weather Sec   |   |   |   | www.curriculumpress.co.uk   |  |  |  |  |
|---|---|---|---|---|--|--|--|--|
| The Weather Sequence associated with depressions   Fig. 4 summarises the impact the passage of a depression can make on the sequence of weather.   Exam Hint: Fig. 4 is a very useful one to learn. You can explain the sequence beginning with the approach. |   |   |   |   |  |  |  |  |
| Fig. 4 The impact of the passage of a depression.   |   |   |   |   |  |  |  |  |
| Cold sector   | Cold front<br>50 - 100km  | Warm sector<br>Variable width   | Warm front<br>200 - 400km   |   |  |  |  |  |
| - 12 000  | Warm Tm or<br>Tc air forced<br>to rise steeply                              | Tropopause  | Cloud codes:CiCirrusCu CumulusCcCirrocumulusCb CumulonCsCirrostratusAc Altocumu | As Altostratus<br>imbus St Stratus<br>ilus Ns Nimbostratus                                      |  |  |  |  |
| Cb Anvils Upper air wester<br>Towering clouds<br>Cu As Ac<br>Cu air unagede   |   | lies (jet)<br>Warm Tm air forced<br>to rise gently<br>(lighter, damper)<br>Ci |   |   |  |  |  |  |
| Cold Pm or A air<br>heavy, dense etc.   |   |   |   |   |  |  |  |  |
| Cold Sector   | Cold front  | Warm sector   | Warm front  | The Approach  |  |  |  |  |
| Rise in pressure<br>continues but<br>steadies out   | Sudden rise in pressure   | Steady low pressure   | Fall of pressure slows down and ceases in time                                  | Steady fall of pressure   |  |  |  |  |
| NW winds  | Wind veers again<br>SSW-NW  | SW/S  | Wind veers from SSE-SW  | Likely to be SSE/SE winds   |  |  |  |  |
| Squally, speed<br>of wind slowly<br>decreases (force<br>3-6).   | Very strong<br>gusting winds,<br>strong to gale<br>force (force 6-8).       | Decreases (e.g. force 2-4)  | Strong (e.g. force 4-5)   | Slowly increasing in strength (force 1-3 common)  |  |  |  |  |
| Cold 3-4°C (W)<br>Cool 12-13°C (S)  | Sudden decrease<br>of 4-5°C   | Warm mild 10-11°C (W)<br>Warm/hot 19-20°C (S)                                 | Sudden rise in °C 10-11°C<br>winter 19-20°C summer                              | Relatively cool in winter 6°C around 15-16°C summer   |  |  |  |  |
| Rapid fall in<br>humidity   | High humidity<br>until precipitation  | Still high relative humidity – drizzle  | High during precipitation   | Slowly rising relative humidity   |  |  |  |  |
| Decreasing<br>cloud, fair<br>weather cumulus  | Often towering cumulo-nimbus  | Low stratus clouds may clear a little   | Low thick nimbostratus cloud  | Clouds initially high and thin.<br>Hooked cirrus in upper air<br>show first sign of disturbance |  |  |  |  |
| Heavy showers<br>but sunny<br>intervals   | Short period of<br>heavy rain, then<br>showers of hail,<br>sleet, snow in W | Drizzle. May clear a little   | Continuous rainfall for several hours, steady and quite heavy                   | No precipitation  |  |  |  |  |
| Very good<br>visibility except<br>in showers  | Poor visibility<br>but improving  | Poor visibility   | Rapid decrease in visibility  | Visibility good initially, but<br>decreasing as cloud base<br>lowers                            |  |  |  |  |
| Wind begins to decrease   | Increasing wind strength  |   | Increasing surface wind strength  |   |  |  |  |  |
| ◀   | Increasing cloud cover, and humidity  |   |   |   |  |  |  |  |
| Rising pressure Decreasing pressure   |   |   |   |   |  |  |  |  |
|   |   |   |   |   |  |  |  |  |

# The impact of depressions

Whilst in general the rapidly changing weather associated with depressions can be seen as a bonus – the equable climate with abundant well distributed rainfall, and the rapidly moving air leads to an absence of severe fogs occasionally depressions can lead to very severe weather events.

- The most common hazardous impact is extremely high **winds** and **gales**, for instance in the 1987 great storm or hurricane or the deep depression which led to the Burns' day storm in January 1990. The strong winds are caused by the very steep pressure gradient which is brought about by extreme contrasts in temperature between the converging polar and tropical air masses. Gales have a huge impact on infrastructure such as power/transport. October 2002 was the latest example.
- Coastal floods (East Anglia 1953 and Towyn, February 1990) result from on-shore gale force winds drawn towards a deep depression, which itself leads to a storm surge developing as water is 'sucked up'. When this is combined with high spring tides, huge breakers are driven downwards, breaking sea defences and causing serious localised flooding.
- Violent thunderstorms can be associated with violent uplift at the cold front which leads to the development of towering cumulo-nimbus clouds. Cold N Westerly or Northerly air (pM or A) wedges underneath very warm air. Occasionally violent hailstorms occur as in London in 1968 when hail the size of tennis balls fell, formed by the strong power of the updraughts and downdraughts in the storm clouds.
- Depressions which remain static (usually controlled by Rossby wave patterns) can cause extremely **heavy rainfal**l, as the warm air within them (mT air mass) can hold very large quantities of moisture. As in 1952 Lynton/Lynmouth where between 50 and 100mm fell in a 24 hour period, this can lead to localised flooding. Alternatively, a succession of depressions can lead to very high levels of antecedent moisture in the ground, so even modest rainfall leads to flooding (Midlands April 1998, November 2000) January 2003.
- Snow, especially in areas of high altitude, can result from a number of circumstances when the land surface has become very cold after a blocking winter anticyclone. When warm Atlantic air finally comes via a depression, as it is forced to rise precipitation is initially in the form of snow (e.g. the South West Blizzard in February 1978 which led to between 100 and 200mm of snow) or sometimes a deep depression draws in very cold Arctic and polar air as it tracks northwards, which can lead to very heavy snow falls (for example in March 1993 the American Storm of the century occurred in this way with huge falls of snow).

# **Further research**

Nagle, G. Climate & Society. Hodder. Access Series McNaught, A. Weather & Climate. Hodder. On line resources on Weather & Climate

# Useful websites

www.bbc.co.uk/weather BBC Weather Centre provides a wide range of live weather satellite images

www.royal-met-soc.org UK/met international

www.atschool.eduweb.co.uk met link or www.witu.rdg.ac.uk/rms/rms are ways of Reaching Royal Met Society who publish weather

<u>www.nelsonthornes.com</u> monthly update of weather news and hazards <u>www.meto.gov.uk</u> Meteorological Office Education Services, Bracknell <u>www.metoffice.gov.uk/index-html</u> - a dial up weather info service with data on 300 weather stations

www.met-office.gov.uk/education/historic - provides historic records for example of extreme weather

<u>www.nottingham.ac.uk/meteosat</u> an excellent source of Meteosat data <u>www.sat.dundee.ac.uk</u> register free - excellent source of images from NOAA satellites

# **Exam Question**

*Fig.* 5 shows the sequence of weather experienced with the passage of a depression.



- (a) Make a copy of the diagram and mark on the position of the warm front, warm sector and cold front. (3 marks)
- (b) Justify your choice using evidence from the date shown. (9 marks)
  - (c) Choose two further measurements you might make and explain how they would confirm your choice. (8 marks)

**Exam Hint:** Remember although the depression will be moving W-E, the graphs show a time sequence of weather recordings at a particular weather station.

# Suggested answer framework

(a) Warm front – somewhere between midnight and 6.00am Warm sector – 6.00am – 12.00pm Cold front – probably around 1.00pm – 4.00pm

(b) Evidence **Temperatures**, cloud pattern: cirrus, mackerel sky etc for approach of warm front (disturbed air) stratus cloud for warm sector, clearing clouds cumulus for cold front, towering an actual front.

Wind speed always gustiest at fronts. The **barometer** pressure reading shows the centre of the low passed over just after 6am.

**Note:** This type of question will usually be marked in 3 levels for highest (level 3) you need detailed evidence and explanation to show your own knowledge of a depression.

(c) Further measurements include wind direction - winds veer round from SE → S → SW → NW as the depression passes. Now weather is also very useful for instance continuous rainfall is associated with warm front, drizzle with warm sector and heavy shows with passage of cold front.

# Acknowledgements

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