



DRAYTON MANOR HIGH SCHOOL

MANAGING ALLERGIC REACTIONS/ANAPHYLAXIS POLICY

Approved by the CSW/Premises Committee 22 February 2018
Approved by the Governing Body 22 March 2018
Ratified by Governing Body 25 March 2021

INTRODUCTION

This policy is written for use in conjunction with the school's Supporting Students with Medical Needs Policy and with reference to the Department of Health's Guidance on the Use of Adrenaline Auto-Injectors in Schools (September 2017).

The Governors, Head and staff of Drayton Manor High School recognise that anaphylaxis affects many students and close monitoring is needed where an allergy has been diagnosed.

Guidance on the signs and symptoms of an allergic reaction/anaphylaxis and the action to be taken can be found in Appendix 1.

STUDENTS WHO HAVE BEEN PRESCRIBED AN ADRENALINE AUTO-INJECTORS (AAI)

All students with who have been prescribed an AAI (or where a doctor has provided a written plan recommending AAI's to be used in the event of anaphylaxis) will

- have an Individual Healthcare Plan (IHCP) which includes parental agreement for the school to administer an AAI and the use of a spare AAI
- carry their own AAI, with a spare held in the Student Welfare Office (A129)

The Student Welfare Office will advise parents when the spare AAI requires replacement due to either expiration or usage. However, it is the responsibility of parents to provide a replacement and dispose of AAI's which have expired or are no longer required.

AAI REGISTER

An AAI Register is available on the home page of the school's staff intranet. The register includes a list of all students who have been prescribed an AAI and for whom the school has parental agreement for the school to administer medicine, a photograph of the student and an expiry date of the student's spare AAI held by the school.

EMERGENCY ANAPHYLAXIS KITS

The school's emergency anaphylaxis kit includes spare AAI's, obtained without prescription, for use in emergencies. These must only be administered to a student appearing on the AAI Register and whose own prescribed AAI cannot be administered correctly without delay.

The emergency anaphylaxis kit will include

- one or more AAI
- instructions on how to store and use the AAI
- instructions on how to replace the AAI
- a copy of the AAI Register
- a copy of the register of school staff trained to administer an AAI
- a copy of Administering Student Medication Record

An emergency anaphylaxis kit will be sited in the following locations

- Student Welfare Office (A129)
- Dining Hall (A168)
- School Field Pavilion

The emergency anaphylaxis kit will be maintained each half term and after each use. The Student Welfare Office will check that the AAI is present and in date and will obtain replacements when expiry dates approach.

SCHOOL TRIPS AND VISITS

The school will conduct a risk assessment for any student at risk of anaphylaxis taking part in a school trip or visit. Students must ensure they are carrying their AAI with them and will be accompanied by a member of staff trained to administer AAI in an emergency. In some circumstances, a spare AAI obtained for emergency use may be taken.

STAFF

Any anaphylactic members of staff should make their allergy known to the Student Welfare Office or their line manager, but it is their responsibility to carry and administer their own medication or seek assistance if required.

STAFF TRAINING

A register of School Staff who have received training in managing severe allergies in schools, including how to use an AAI will be kept by the Student Welfare Office, available on the home page of the Staff Intranet and displayed in the Staff Room and Administration Offices. Only staff who have received this training should administer an AAI.

The Student Welfare Officer will also pass on any additional/relevant information to all staff as and when it becomes necessary.

CATERING CONTRACTER

An emergency anaphylaxis kit will be sited in the Dining Hall. All catering staff will be aware of students with Asthma and Allergies. A copy of the AAI Register will be displayed on the kitchen notice board.

RECORDING THE ADMINISTERING OF AN AAI

A record of use of an AAI will be kept using the Student Medication Record. Parents will be informed that the student has been administered an AAI and whether this was the student's own device or the school's space AAI.

Recognition and management of an allergic reaction/anaphylaxis

Signs and symptoms include:

Mild-moderate allergic reaction:

- Swollen lips, face or eyes
- Itchy/tingling mouth
- Hives or itchy skin rash
- Abdominal pain or vomiting
- Sudden change in behaviour

ACTION:




- Stay with the child, call for help if necessary
- Locate adrenaline autoinjector(s)
- Give antihistamine according to the child's allergy treatment plan
- Phone parent/emergency contact



Watch for signs of ANAPHYLAXIS (life-threatening allergic reaction):

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| AIRWAY: | Persistent cough
Hoarse voice
Difficulty swallowing, swollen tongue |
| BREATHING: | Difficult or noisy breathing
Wheeze or persistent cough |
| CONSCIOUSNESS: | Persistent dizziness
Becoming pale or floppy
Suddenly sleepy, collapse, unconscious |

IF ANY ONE (or more) of these signs are present:

1. Lie child flat with legs raised:
(if breathing is difficult, allow child to sit)   
2. Use Adrenaline autoinjector* **without delay.**
3. Dial **999** to request ambulance and say ANAPHYLAXIS

***** IF IN DOUBT, GIVE ADRENALINE *****

After giving Adrenaline:

1. Stay with child until ambulance arrives, do NOT stand child up
2. Commence CPR if there are no signs of life
3. Phone parent/emergency contact
4. If no improvement **after 5 minutes**, give a further dose of adrenaline using another autoinjector device, if available.

Anaphylaxis may occur without initial mild signs: **ALWAYS use adrenaline autoinjector FIRST in someone with known food allergy who has SUDDEN BREATHING DIFFICULTY** (persistent cough, hoarse voice, wheeze) – even if no skin symptoms are present.

Source

Department of Health's Guidance on the Use of Adrenaline Auto-Injectors in Schools (September 2017)